

Advice for Run Leader/Sweeper and those taking part in a BMRCO Ride-out.

To ensure due diligence has been shown by the Run Leader and Sweeper it is essential that the following points are covered/discussed prior to the ride taking place.

- 1 Ensure all riders have read and understand the Rules and have signed the Sign on Sheet 2 Make yourself and the Sweeper known to all riders taking part. 3 Discuss in detail the route to be taken and any possible places where extra danger may be present. The run leader would have preferably ridden the route immediately prior to the run actually taking place. It is also essential to outline what the intention is once the group has arrived at the destination and what time the group will reassemble to leave. 4 Ascertain whether all taking part have experience of riding in a group and that they are fully familiar with using the 2nd man drop-off system. If they not familiar with it then it must be fully explained. 5 Ask all riders to ride in staggered formation wherever possible 6 Ensure all riders are fully fuelled, if not they may not take part.

- 7 Request all riders to keep an eye out for the bike behind them and to stop if they have a problem.
- 8 Encourage the use of dipped headlights.
- Ask all riders to maintain their position in the group, overtaking is not usually 9 allowed unless there are very good reasons for it.
- 10 The Sweeper must wear a fluorescent orange jacket, all other members of the group are required to wear yellow.
- 11 All members are advised to carry a fully charged mobile phone with the numbers of the Run Leader and Sweeper entered into their "contacts".
- 12 In the event of a breakdown the Sweeper and the Run Leader will confer and if the problem cannot be fixed in reasonable time at the roadside then the rider must make other arrangements.
- 13 All participants are taking part under the conditions of their own insurance and the club has no liability whatsoever.
- For purposes of clarity a BMRCO Ride-out/Run is one that has been officially sanctioned by Note the elected club officers and promoted as such.

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